

DiMarino-Kroop-Prieto Gastrointestinal Associates, P.A.

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Date of Procedure: _____ Arrival Time: _____ Procedure Time: _____

TWO DAY PREP FOR COLONOSCOPY

Your doctor has recommended a 2 day prep for your upcoming colonoscopy. Please be advised:
you will need to do these extra steps in addition to your regular colonoscopy prep.

To purchase at least 3 days prior to your procedure:

- > One 10oz bottle of magnesium citrate (make sure this is the clear kind, NO RED!!)

TWO DAYS PRIOR TO YOUR TEST: Date: _____.

- >You may have a light breakfast in the morning.
- >Starting no later than 12pm, you will be following the clear liquid diet. (no solid food)
- > At 6pm you will drink the WHOLE 10oz bottle of the magnesium citrate.

DAY BEFORE YOUR TEST: Date: _____.

- >You will continue to stay on clear liquids.
- >You will take the FIRST dose of your colonoscopy prep at _____.
- >Your SECOND dose of your colonoscopy prep you will take at _____.

Please refer to the packet of prep instructions that have been given to you in addition to this sheet.

If you have any questions about your prep instructions please call out office at 856-848-4464, and someone will be able to assist you.