

# DiMARINO-KROOP-PRIETO GASTRO INTESTINAL ASSOCIATES, P.A.

Anthony J. DiMarino, M.D.  
Howard S. Kroop, M.D.  
Jorge A. Prieto, M.D.  
Mitchell I. Conn, M.D.  
Robert M. Coben, M.D.  
Jeffrey A. Abrams, M.D.  
Michael C. DiMarino, M.D.

Woodbury Medical Plaza  
26 East Red Bank Avenue  
Woodbury, NJ 08096  
Phone: 856.848.4464  
Fax: (856) 848-8706

Thomas Jefferson University  
132 South 10<sup>th</sup> Street  
480 Main Building  
Philadelphia, PA 1910  
Phone: (215) 955-8900  
Fax (215) 923-3447

## **COLONOSCOPY PREP – Halflytely Bowel Prep Kit**

Please read the entire packet NOW and again at least 1 week prior to your procedure  
Including two pages of instructions!

**IMPORTANT - FOLLOW OUR DIRECTIONS – NOT THE DIRECTIONS ON THE PACKAGE INSERT!**

DATE OF COLONOSCOPY \_\_\_\_\_ ARRIVAL TIME \_\_\_\_\_  
(If arrival time is 6:30- do not come earlier. Our doors open at 6:30am)

PROCEDURE TIME \_\_\_\_\_

Your Colonoscopy will be in our surgical suite, which is attached to our office (South Jersey Endoscopy Center) unless otherwise instructed. Please check with your insurance company for any referrals or co-pays they may require. It is YOUR responsibility to obtain the necessary referrals. If you do not have a proper referral, your procedure WILL be cancelled.

Please follow the instructions below. If you have any questions, please contact our office several days prior to your procedure.

- Have the prescription for your preparation filled at least 2 days prior to your exam.

**ON THE DAY PRIOR TO YOUR PROCEDURE:** Date: \_\_\_\_\_

- In the morning, Mix the solution by adding warm tap water to the fill line. Shake the bottle well until the powder is COMPLETELY dissolved. Refrigerate the mixed solution.
- Have a light breakfast and a Clear liquid lunch (apple or white grape juice, clear soda, non red or purple JellO, coffee, or tea) **NO MILK OR DAIRY PRODUCTS THE ENTIRE DAY. NO solid food after breakfast.**
- Take the 2 Bisacodyl tablets at 2 PM (or if you work – as soon as you get home).
- Start drinking your solution approximately 2 hrs after the Bisacodyl Tablets (or after your 1<sup>st</sup> bowel movement if sooner than 2 hrs.)
- Drink 1 (8 oz) glass every 20 minute until the entire container is completed (between 7-8 glasses). Drink each glass quickly rather than drinking small amounts continuously.
- You may have clear liquids after your preparation is completed up until **3 hours** before your procedure. It is important to your preparation to drink additional clear fluids until 3 hours prior! Then **NOTHING TO EAT OR DRINK UNTIL AFTER YOUR PROCEDURE IS OVER.** If you do not follow this instruction, your procedure **WILL BE CANCELLED.** *Food or liquids in your stomach at the time of your procedure can put you at risk for serious complications!*
- If you take heart or blood pressure medicine – you may take them with a small **SIP** of water on the morning of your procedure. **Remember – only take enough to get the pills down!**