

**DiMARINO-KROOP-PRIETO GASTRO-INTESTINAL ASSOCIATES, P.A.**

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**PREP FOR SIGMOIDOSCOPY**

Please check with your insurance company for any referrals or co-pays they may require. IT is **YOUR** responsibility to obtain the necessary referrals. If you do not have a proper referral, your procedure **WILL** be cancelled.

Please follow the instructions below. If you have any questions, please contact our office several days prior to your procedure.

**TO PURCHASE AT LEAST TWO DAYS PRIOR TO YOUR TEST:**

- 1 Bottle of Magnesium Citrate (can be purchased at most drug and grocery stores).
- 1 fleet enema

**On the day before your test:**

1. Regular breakfast and lunch
2. Clear liquids after lunch ( have lunch no later than 2 pm).
3. At 6:00 p.m. the evening before the examination, drink 1 bottle of Magnesium Citrate.

**On the morning of your test:**

1. Two hours before your examination, take a fleet enema.
2. You may have a very light breakfast on the morning of your test (juice, toast, coffee, etc).

DATE OF EXAMINATION. \_\_\_\_\_

Arrival time: \_\_\_\_\_